Nebraska Trailblazers 2024 Events July-December



www.nebraskatrailblazers.com



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For updates to our schedule, please check our website, Facebook or Meetup pages

Group Walks

These group walks are all 5k and the fee is \$4

Iowa Western Group Walk Council Bluffs Campus June 11, 2024 5:30 p.m. 2700 College Road, Council Bluffs IA Meet at Parking Lot 6

Seward Group Walk June 22, 2024 10:00 a.m. Children's Memorial Garden 115 E. Hillcrest Drive, Seward NE

Lion's Club Group Walk October 14, 2024 See page 13 for details

If more group walks are scheduled, they will be announced on Facebook, Meetup and our club's website.



The Nebraska Trailblazers

The Nebraska Wander Freunde Trailblazers (NWFT) was formed in March 1979 as one of the first clubs in the American Volkssport Association (AVA). Walking is a great way to boost personal fitness, circulation, mental acuity and to get outdoors. Our walks are noncompetitive and are designed to be fun. "Traditional" walks are held monthly from March through June and September through December with other club activities scheduled during the summer months. The Trailblazers currently host 9 different year-round events (YRE) along the Interstate-80 corridor and in the greater Omaha metropolitan area, including western lowa.

Club Meetings

The Trailblazers meet at Maple Ridge Retirement Community, 3525 N 167th Cir, Omaha NE. Meetings are held the first Monday of the month except January, April (Location TBA), July and August. If the first Monday is a holiday, we then meet on the 2nd Monday of the month. The meetings are open to the public. We have a business meeting followed by a short program. Then it's time for coffee, treats and fellowship!

Club Officers

President: Lori Sue Anderson Vice-president: Joyce Sobczyk Secretary: Dave Brown Treasurer: Jill Champley

Club Membership

Annual membership in the Nebraska Trailblazers is only \$10 for an individual and a bargain \$15 for a family membership.

Questions about walks or membership? Call 712/322-2797



General Event Information

Volkssporting started in Germany and simply defined, is a personal fitness sports and recreation program offering noncompetitive walks, hikes, bike rides, swims, and in some regions cross-country skiing. You may choose your time to start within the start/finish "window" and participate in the sport at your own pace. Walking—also called "volksmarching"—is the most popular of all the volkssporting activities.

All events are sanctioned by the American Volkssport Association (AVA). By registering for these events, participants accept the guidelines for AVA-sanctioned events and agree to observe the principles of good sportsmanship. Littering is not permitted. Dogs are allowed at most events but must be kept on a leash and cleaned up after. Events will take place regardless of weather conditions and there are no refunds. Water will be provided at the Start/Finish and at checkpoints.

Trail difficulty is rated 1-5 for elevation and A-E for terrain. A complete trail rating system can be found at: www.netrailblazers.club/how-to/interpret-trail-ratings

Sponsors are not liable for lost or stolen items, accidents or injuries and/or material damage at any time incurred by participants during the course of an event. Every reasonable effort will be made to make events safe, enjoyable and memorable.

All events listed in this booklet count toward IVV achievement awards. Each participant desiring credit must present an IVV record book and completed start card for credit. Official IVV record books are available at events for \$6 each. New Walker Packets are \$6.

On-site registration will be available for each event. Each participant shall obtain a start card, which remains the property of the sponsor and must be returned to the Start/Finish point.

Don't forget your water!!!



Water will be available at the Start/Finish point but you should carry your water bottle along the trail!

Traditional Events



These are one-day, staffed walks. Walk with a group or on your own.

Group walks will start 30 minutes after the stated start time.

Children under 12 accompanied by a parent walk free and get a patch!



Leashed dogs are allowed on all of our walks although they may not be allowed in buildings.



Lee Frantz Memorial Walk

Saturday, June 1, 2024
Prairie View Recreational Area, Bennington, NE Start Time: 9:00—Noon, off the trail by 3:00 p.m.

\$4 Fee

Event ID: 126667 2024

Bennington Lake and Prairie View Lake together offer nature and country living, side-by-side. The trails are a pleasure to walk whether on the crushed gravel or on the wide sidewalks surrounding the bigger lake. Some gentle hills surround the larger lake, nudging the 10k route into a 2B rating.

Distance/Trail Rating: 5k/10k; 2B

Amenities: Restrooms Yes

Pets Yes

Strollers easy
Wheelchairs med

Special programs: A-MAZE-ing Labyrinths

Step to the Beat

POC: Sandy Spaulding

Sandyspauld@yahoo.com

712/435-0815

Directions:

Prairie View Recreational Area, Bennington, Nebraska. Hwy 36 to N. 180th St. South on 180th St. to entrance to Prairie View Rec on right. Look for yellow AVA signs.

Yanney Park Walk

June 8, 2024 Kearney, Nebraska

Start Time: 8:00 a.m.- 11:00 a.m., Off trail by 2:00 p.m.

\$4 Fee

Event ID: 126849 2024

The mostly paved trail shows off Yanney Heritage Park with all of its beautiful attractions. One 5k wanders through the park to stroll through the garden labyrinth, visit the observation tower, statuary and the lake. The other 5k route is an out-and-back along Betty's Trail following the north channel of the Platte River, a water trail.

Distance/Trail Rating: 5k/10k; 1A

Amenities: Restrooms Yes

Pets Yes

Strollers Easy Wheelchairs Easy

Special programs: A-MAZE-ing Labyrinths

Par for the Course Step to the Beat

POC: Sandy Spaulding

Sandyspauld@yahoo.com

712/435-0815

Directions:

Yanney Heritage Park, 2020 W. 11th St., Kearney, NE. Go to south parking lot on Yanney Avenue. Watch for yellow AVA signs in the park.

Rock School Volksmarch

September 2, 2024 Table Rock, Nebraska

Start Time: 8:00—10:00 a.m., off the trail by 1:00 p.m.

\$4 Fee

Event ID: 126889 2024

Pleasant Valley Rock School House was erected in 1873 using rock that was quarried near the school site. By 1905 there were 31 students enrolled in this small school house. The school closed in 1956. In 2013, exactly 140 years after the school was built, a small group of alumni decided to renovate the school. Many items were donated including the genuine slate blackboard, a set pull down maps, 48-star flags, a coal and wood stove and the Regulator clock and teacher's desk that were originally from the Pleasant Valley School. Help celebrate this one room schoolhouse by walking the route many children walked to and from school on the day before the traditional school year started. Lunch will be available with beer and brats, water, and polka music in beer tent. Walking sticks and bug spray recommended. Trail is dirt and grass with some significant hills.

Distance/Trail Rating: 5k/10k; 3C

Amenities: Restrooms Yes Pets Yes

Strollers No Wheelchairs No

Special Programs: None

POC: Sandy Spaulding

Sandyspauld@yahoo.com

712/435-0815

Directions:

From Hwy 75: Hwy 75 to Hwy 4. West on Hwy 4 approximately 13 miles. Left (south) on first road after crossing railroad bridge (5th St.-gravel road, not marked). At T intersection, turn left (E) on Vine St.-not marked. # Vine St. curves south then turns west. A short way after road turns west and crossing railroad tracks, turn left (S) on Railroad Dr. Continue on Railroad Dr. with railroad tracks on your left and keeping left for 3.7 miles. School will be on your right. From Hwy 50: Hwy 50 turns east onto Hwy 4. Continue on Hwy 4 which winds east then south around Table Rock. Hwy 4 turns east at T intersection in town. Follow Hwy 4 to Vine Street (gravel road on your right). Right (S) on Vine St. then follow directions from # above.

Halleck Park Walk

September 7, 2024 Papillion, Nebraska

Start Time: 9:00 – 11:00 a.m.; Off trail by 1:00 p.m.

\$4 Fee

Event ID: 126721 2024

Walk beautiful Halleck Park, strolling around the pond, through the arboretum and Papillion Butterfly Garden. Enjoy the peaceful Veterans Park with its new archway and eagle monument. For those doing the 10k, enjoy the butterflies in downtown Papillion.

Distance/Trail Rating: 5k/10k; 1A

Amenities: Restrooms Yes

Pets Yes

Strollers Easy Wheelchairs Easy

Special programs: Par for the Course

Step to the Beat

Walking with America's Veterans

POC: Sandy Spaulding

Sandyspauld@yahoo.com

712/435-0815

Directions:

Halleck Park, approximately 475 E. Lincoln St, Papillion, NE. Take 84th St. to Lincoln St. Go east on Lincoln, passing Monroe St. Parking is on the south side of E. Lincoln. Watch for yellow AVA signs.

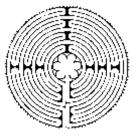
Spirit Hawk Acres Labyrinth Walk

September 28, 2024 Seward, Nebraska Start Time: 10:00 a.m.

\$4 Fee

Event ID: 126890 2024

Walk the labyrinth and visit the renovated historic spaces transformed into studios an gallery spaces. The richness of the Nebraska landscape rewards all who come with inspiration and solitude. You will walk on grass, gravel and pavement.



Jeanne K. Hain Wiemer is an author, artist, sculptor, advocate for creativity, entrepreneur and the regional representative for The Labyrinth Society. She developed the labyrinth on Spirit hawk Acres to share her peace and joy with others.

Distance/Trail Rating: 5k 1B

Amenities: Restrooms Yes

Pets No

Strollers Medium Wheelchairs Medium

Special programs: A-MAZE-ing Labyrinths

POC: Lori Anderson

fromustoyou@zoho.com

402/641-1771

Directions:

Inner Maker Art Village, 1693 224th Rd., Seward, NE. Take Hwy 34 to 224th Rd. Go north on 224th Rd. Inner Maker Art Village will be on your left.



Step to the Beat Central

October 5, 2024

Omaha Conservatory of Music, Omaha,

Start Time: 9:00 - 11:00 a.m.

Off trail by 1:00 p.m.

\$4 Fee

Event ID: 126724 2024

The Omaha Conservatory of Music provides a venue for music concerts, recitals and lessons. Our walking route features a visit to Memorial Park, celebrating our veterans, Elmwood Park and the University of Nebraska at Omaha. 10k walkers will get to visit the cemetery where Omaha's and Nebraska's founders lie in repose, as well as tree-lined neighborhoods decorated for Halloween.

Distance/Trail Rating: 10k; 2A

Amenities: Restrooms Yes

Pets Yes

Strollers Medium Wheelchairs Hard

Special programs: Par for the Course

Step to the Beat

Walking with America's Veterans

POC: Steve & Jeanne Miller

jeanneno@gmail.com 402/981-0463 (text or

leave message)

Start Point: Omaha Conservatory of Music

7023 Cass St. Omaha, NE.

Meet in lobby of OCMS

Lion's Club Walk

October 12, 2024 Bellevue, Nebraska Group Walk* \$4 Fee

Event ID: 126891 2024

Walk through the beautifully landscaped Eastern Nebraska Veteran's Home grounds and picturesque neighborhoods on this group walk. This walk will support the Lion's Club. Please bring any outdated eyeglasses you have at home to donate. Dogs are welcome on the walk but not in the church. After the walk, stay for the Lion's Club spaghetti dinner. A great lunch for a good cause at the low price of \$10. Desserts are available for a free will donation. Great prizes at the silent auction.

Distance/Trail Rating: 5k/10k 1B

Amenities: Restrooms Yes

Pets Yes

Strollers Medium Wheelchairs Hard

Special programs: Step to the Beat

Walking with America's Veterans

POC: Jill Champley

jillchampley@cox.net

712/435-0815

Start Point: St. James Methodist Church

4343 Capehart Rd.

Bellevue, NE.

^{*}Come early enough to register and pay so the group can set out at 10:00 a.m.

'Giving Walk

November 2, 2024 Omaha, Nebraska

Start Time: 9:00 – 11:00 a.m.; Off trail by 1:00 p.m.

\$2 + Thanksgiving Item Event ID: 126722 2024

For this year's "Pie Walk," we're switching to collecting the ingredients for a Thanksgiving dinner (including pie, naturally). Instead of the normal \$4 fee, walkers will pay \$2 if they bring an item from a list of nonperishable items that we'll provide. All donations will help a local food pantry provide the makings for a Thanksgiving meal for 400 people! The walk itself will consist of two loops: a 5k through the Loveland and Christ the King neighborhoods and a 6k through the Regency Park neighborhood.

Distance/Trail Rating: 5k/10k; 2A

Amenities: Restrooms Yes

Pets Yes

Strollers Medium Wheelchairs Medium

Special programs: Step to the Beat

POC: Steve & Jeanne Miller

jeanneno@gmail.com 402/981-0463 (text or

leave message)

Start Point: First Covenant Church

201 N. 90th St. Omaha NF

Old Market Holiday Lights Walk

December 14, 2024 Omaha, Nebraska

Start Time: 4:00 p.m.- 6:00 p.m.; Off trail by 8:00 p.m.

\$4 Fee

Event ID: 126723 2024

Enjoy a walking tour of the spectacular light display in the downtown area and the Heartland of America Park.

Parking in the Old Market is not free. We suggest using a pay lot. There is one at 10th & Jones and just to west of KANEKO. Street meters accept credit cards and cash.

Sponsored by KANEKO and The RiverFront

Distance/Trail Rating: 5k/10k; 2A

Amenities: Restrooms Yes

Pets Yes

Strollers Medium Wheelchairs Hard

Special programs: Par for the Course

Step to the Beat

POC: Sandy Spaulding

Sandyspauld@yahoo.com

712/435-0815

Directions: KANEKO, 1111 Jackson St., Omaha, NE. *From the east:* I-480 into Nebraska, left at 10th St. to Jackson St. *From the west:* I-480 northbound to Leavenworth St. Go right on Leavenworth to S. 13th St. Go left on S. 13th to Jones. Short term metered parking in area with parking garage to north and west.

Year-Round/Seasonal Events



On the following pages you will find Year Round Events (YREs). These can be walked daily, dawn to dusk, unless time is specified. **PLEASE NOTE: all our YREs & seasonal walks feature our Online Start Box** in addition to a physical start box. Cowboy Trail is Online Start Box only.

What is the Online Start Box (OSB)?

The Online Start Box provides a complete event start box, except it is through this website. You sign the waiver, register, download directions and get your stamps, all online.

Do I need to create a personal account?

Yes. All of your activity is predicated on signing the online waiver.

How do I get the event directions?

Event directions are downloaded from the Online Start Box in your personal account.

How do I pay for credit?

The Online Start Box includes a credit/debit card payment system.

What about children, friends?

All adults must have their own account. Children are managed from your own account.

How do I start?

Click "Register for event". If you have an account, you can login. If you do not have an account, then create one. There is plenty of HELP and instructions on the pages that you will need to visit.

Detailed "how-to's" can be found in each walk box.

Cowboy Trail #1&2

Seasonal: March 1—October 31, 2024 Dawn to Dusk, Bike or Walk Online Start Box Only \$4 Fee Event ID: 125129 2024/Y3388

It is recommended to start in one of the towns listed on the OSB instructions. There are a few areas to park outside of towns, but be sure you do not block farmers' access to fields or drives. There may be other special programs that are not listed depending on your start points. You may find Par for the Course and Walking with America's Veterans in some of the parks. The trail is 187 miles long and our instructions will include several starting point suggestions. The detailed location of, and driving directions to, the event starting points are downloaded from the OSB.

Distance/Trail Ratings: 5K/10K 1B

Wheelchairs/strollers: Hard

Special programs: Rails-to-Trails

POC: Sandy Spaulding sandyspauld@yahoo.com 712/735-0815

Chadron NE—Agate Fossil Beds National Monument Northwest Nebraska Trails Assoc

April 1—September 30, 2024 \$4 Fee Event ID: 125130 2024/Y2976

Time: This walk has a remote start. You will drive approximately 65 miles to the Start Point, Hours for the Chamber of Commerce are: Memorial Day-Labor Day M. -F 8:30—4:30; Sat 9—3; rest of the year: M—Th 8:30—4:30. Hours for the Agate Fossil Beds Visitor Center are: May 14—Sept 30 8—5 M-T; Oct 1-May 13 9-4 M-T.

Description: Great views of the sweeping plains and the Niobrara Valley as well as fossil dig sites. The 5k trail is paved or boardwalk leading to fossil exhibits and is stroller/wheelchair friendly. The 10K also follows a dirt trail to the Bone Cabin and along a gravel country road. Both are out & back trails on high plains mixed grass prairie. Note that this is rattlesnake country and there is little shade. Bring plenty of fluids and watch where you step.

Distance/Trail Ratings: 5K/10K

Directions: Chadron Chamber of Commerce, 706 W. 3rd St., Chadron NE or OSB Take Hwy 20 into Chadron. The CoC will be north of highway 20 on 3rd St.

308/432-3006 POC: Kerri Rempp director@discovernebraska.com

Chadron—Chadron State College Walk Northwest Nebraska Trails Assoc

Chadron Chamber of Commerce \$4 Fee

Event ID: 125131 2024/Y2977

Time: Hours for the Chamber of Commerce are: Memorial Day—Labor Day

M-F 8:30—4 Sat 9—3; rest of the year: M—Th 8:30—4.

Description: Trail goes through Chadron Memorial Park, Chadron State College and along scenic paved and dirt trails including the CSC Serpentine Trail. Leashed dogs are welcome on the trail. You will drive approximately 1 mile to the walk start at the War Memorial Park. Trail is a mix of sidewalks, paved trail and grass trail.

Distance/Trail Ratings: 5k/10k 2B

Special programs: Walking with America's Veterans

Directions: Chadron Chamber of Commerce, 706 W 3rd St., Chadron NE: Take Hwy 20 into Chadron. The CoC will be north of highway 20 on 3rd St.

POC: Kerri Rempp director@discovernebraska.com 308/432-3006

Chadron—White River Trail Northwest Nebraska Trails Assoc

Chadron Chamber of Commerce \$4 Fee

Event ID: 125132 2024/Y2975

Time: Hours for the Chamber of Commerce are: Mem Day—Labor Day M-F 8:30—4; Sat 9—3; rest of the year: M—Th 8:30—4.

Description: Trail is crushed rock with some paved street. The White River Trail has stunning views of tree-covered buttes and crosses the White River on former railroad bridges. It connects Crawford NE to Fort Robinson State Park, a park filled with history from the surrender of Crazy Horse, Buffalo Soldiers and a German prisoner-of-war camp during WWII. Leashed dogs are welcome on the trail. Trail may not be plowed in winter.

Distance/Trail Ratings: 5k/10k 1B

Special programs: Par for the Course, Rails to Trails

Directions: Chadron CoC, 706 W 3rd St., Chadron NE: Take Hwy 20 into Chadron. The CoC will be north of highway 20 on 3rd St. You will drive 20-23 miles to the start point. Start either at Fort Robinson State Park (park fee charged) or Crawford City Park.

POC: Kerri Rempp director@discovernebraska.com 308/432-3006

Gretna, NE—Chalco Hills

Holiday Inn Express, 16175 Stevens Point Circle, Gretna NE \$4 Fee

Event ID: 124519 2024/Y1446

Description: Daily dawn to dusk. Drive 1/3 mile to walk start. The 10K route goes around Wehrspann Lake in the Chalco Hills Recreation Area. The trail is on concrete walkways. Strollers and wheelchairs may have a little difficulty. Carry water on hot days. Insect spray is recommended in summer. Trail is not cleared during winter months. Look off to the northeast from the east side of the dam and you can spot the eagle's nest and maybe the two eagles who make it home!

Distance/Trail Ratings: 5K/10K Rated 2A

Amenities: Restrooms-yes Pets-yes

Strollers/Wheelchairs-Med

Directions: Take Exit #439 off I-80 and head west toward Gretna. Less than 1/2 mile to Wickersham Blvd (on your left after Kum & Go, Sapp Brothers road on your right). Turn left onto Wickersham Blvd. Go about 1/4 mile to Stevens Point Cir on your right. Turn right onto Stevens Point Cir to Holiday Inn Express. After registering, you will drive a short distance to the walk start.

POC: Jim & Diane Fenlon 402/334-8373 jfflaw@cox.net

Lincoln, NE—Capital Walk

U-Stop, 610 S. 10th St., Lincoln NE \$4 Fee

Event ID: 124520 2024/Y0704

Time: Daily dawn to Dusk.

Description: Daily dawn-dusk. Trail goes through the downtown campus of the University of Nebraska, the Historic Haymarket Entertainment District, the architectural masterpiece, our State Capitol, and lovely residential areas.

Distance/Trail Ratings: 5K/10K Rated 1A

Amenities: Restrooms-Yes Pets-Yes

Strollers-Easy Wheelchairs-Medium

Special programs: State Capitals; Step to the Beat

Directions: 610 S 10th St. , Lincoln, NE. From I-80 use exit 401 South on I-180 until it merges into 9th St. Continue south on 9th (one-way street) to "G" St. Left on "G" for 1 block to 10th. Turn Left (N) on 10th. (one-way street), go approx. 100-yards past "H" St. to the U-Stop store. It is on your right (East side) of 10th.

POC: Stan & Carol Fraas carfraas@aol.com 402/440-4569

Omaha, NE - Historic (Downtown)

Online Start Box \$4 Fee

Event ID: 124521 2024/Y0093

Description: The trail is two 5k loops: One 5k loop goes through the parks of The RiverFront, with its water features, food trucks and activities and even goes up to "The Bob", the pedestrian bridge connecting Nebraska and Iowa. The other 5k loop looks at downtown's urban architectural gems and a sculpture installation spanning several blocks which imagines the pioneers' westward movement.

Distance/Rating: 5K/10K Rated 2A

Special programs: Par-for-the-Course, Border Crossings, Rails-to-

Trails, Step to the Beat, Town Halls/City Halls,

Walking with America's Veterans

Amenities: Restrooms-Yes Pets-Yes

Strollers/Wheelchairs-Medium

Start Point: Landmark Center, 1299 Farnam St., Omaha, NE

POC: Steve & Jeanne Miller jeanneno@gmail.com

402/981-0463

Seward, NE-Music of Seward

Fast Mart, 215 No. 6th St, Seward NE Daily Dawn to Dusk \$4 Fee

Event ID: 124522 2024/Y0888

Description: Beautiful trail passing musical wanderings in the small town Seward. Visit the Children's Memorial Garden, Concordia University grounds, the historic downtown square and the Nebraska National Guard Museum. Not all of the walk may be maintained during the winter so it may be partially snow covered.

Distance/Ratings: 5K/10K Rated 1A

Special programs: Step to the Beat, Town Halls/City Halls,

Walking with America's Veterans, Par-for-the-Course

Amenities: Restrooms/Pets-Yes Strollers/Wheelchairs-Med

Start Point/Driving Directions: From I-80 exit 379, go North on Hwy 15/No. 6th Street approx. 6 miles to the Fast Mart. After registering, drive approximately 1 mile to Children's Memorial Garden to start the walk. Park on the southeast corner of Hillcrest & No. Columbia by the garden.

POC: Lori Anderson fromustoyou@zoho.com 402/641-1771

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Council Bluffs – Wabash Trace Nature Walk

Tastee Treet, 13996 Wabash Ave., Council Bluffs IA & OSB \$4 Walk Fee \$2 Trail Fee (under 65) Event ID: 124518 2024/Y2815 Seasonal Walk April 1—September 30, 2024

Description: An easy stroll along the Wabash Trace. A Rails-to-Trails Conservancy Hall of Fame rail-trail. The Wabash Trace Nature Trail earns its title—providing an amazing trip through the rural forests and countryside of southwest Iowa along a crushed rock hike bike trail. Tastee Treet opens at 11:00 a.m. If you would like to sign the waiver prior to that time, use the online start box.

Distance/Trail Ratings: 5K/10K Rated 1A

Special programs: Rails to Trails

Amenities: Restrooms-Yes Pets-Yes

Strollers/wheelchairs -Med

Start Point/Driving Directions: From I-80, take I-29 south. From I-29, use exit 47 to HWY 92. Right (e) on Hwy 92 to Harry Langdon Blvd/Wabash Ave. (1st traffic light). Right at light (approx. 3/4 mile) to Tastee Treet on your right.

POC: Tim & Julie Brown sienna 518@gmail.com 402/812-5103



More Walks for You in 2024!

Check out Events from our Neighbor Clubs!

Northwest Nebraska Trails Assoc Pgs 17 & 18 (Chadron NE)

Iowa's Walking Club (Des Moines)

Sunflower Sod Stompers Kansas Jaywalkers (Kansas)

Prairie Wanderers Volkssport Club Black Hills Volkssport Assn. (South Dakota)

> NorthStar Trail Travelers Twin Cities Volkssport Lake Country Wanderers (Minnesota)

Clay-Platte Trackers of Kansas City
Dogwood Trailblazers
Pace Setters Volkssport Club
Saint Louis Walkers
Gateway Milers
Global Adventurers
(Missouri)

More info on these walks can be found at www.ava.org





Please fill out and return with payment to:

Nebraska Trailblazers P.O. Box 8147 Omaha, NE 68108

Nebraska Wander Freunde Trailblazers

Membership Application

	SINGLE MEMBERSHIP	FAMILY MEMBERSHIP							
	\$10 per calendar year	\$15 per calendar year							
NAME									
ADDRESS									
CITY									
STATE									
ZIP									
PHONE									
EMAIL									
BIRTHDAY									
(mm/dd)									
ANNIVERSARY									
(mm/dd)									
ADD MORE FAMILY MEMBERS – PLEASE INCLUDE BIRTHDAYS (mm/dd)									
NAME/BDAY									
NAME/BDAY									
NAME/BDAY									
NAME/BDAY									

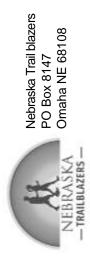
Circle the month and membership level below and use to determine your payment.

All memberships expire December 31st.

	Sgl	Fam		Sgl	Fam		Sgl	Fam		Sgl	Fam
Jan	\$10.00	\$15.00	Apr	\$7.50	\$11.25	July	\$5.00	\$7.50	Oct	\$2.50	\$3.75
Feb	\$9.17	\$13.75	May	\$6.67	\$10.00	Aug	\$4.17	\$6.25	Nov	\$1.67	\$2.50
Mar	\$8.33	\$12.50	June	\$5.83	\$8.75	Sept	\$3.33	\$5.00	Dec	\$0.83	\$1.25

•		
Making treats	Monitoring checkpoints	Leading Group Walks
Walk Greeters	Working Start/Finish Tables	Adopting a Walk

Are you interested in volunteering? We'll train!



Great Plains Walking Club



