Fußstapfen

Volume XVI Number 4

Fun, Fitness, Friendship

July/August 2015



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Summer is here and we have our plans made for the July and August events, as well as our fall walks.

On Monday, July 13, a limited number of us will gather at Ted and Wally's ice cream shop in the Old Market for a tour of the facility and a sample of their fine ice cream. Space is limited and we are allowed 20 attendees. At this writing there are a few spots left. Send me an email if you are not already

President's Corner

on the list and would like to attend. I will let you know if you made the cut right away.

In August we will have a group walk at our Ashland year-round. To beat the heat, we will begin at 8:30 a.m. and we will gather for lunch at Cherios in downtown Ashland for a group lunch in their party room. If you have some time in between, you could drive west to Greenwood and bring home some Baker's Candies. But don't leave them in the car over lunch or you may have chocolate soup.

Our September Breakfast Walk will start at the picnic shelter at Zorinsky Lake which is off 156th Street on the north side of the lake. Remember to bring healthy items to share for breakfast. And maybe a few sweets as well.

October will find us in South Omaha with a walk that starts from the Museo Latino, near 25th and L. We plan a border crossing into lowa the last I heard.

November takes us to our monthly meeting place for a walk starting from Morning Star church. We will be sharing the space with quilters that day, which should be interesting and fun for both groups.

Looking ahead to the fall, I want to encourage ALL members to attend our monthly business meetings. We usually have an interesting presentation — the topics have been many and varied. We also have a drawing for a \$10 door prize, and you could be a winner. Most importantly, you get to provide input about the club and its activities and help make decisions. It is, after all, your club.

~Mel

NWTB Officers

Questions?
Suggestions?
Call!!!



President Mel Bohn 402/213-7972

Secretary Tricia Abel 402/889-1910 Vice President Larry Boehm 402/393-5697

Treasurer
Butch Spaulding
712/322-2797

www.nebraskawander.org



Jim's Notes

In the middle of May Butch drove six of us - Sandy, Sheila, Karen, Mel and I - to Grand Island for the Mid-Nebraska Trail Seekers farewell walk. Correction: the first of four farewell walks. Since the MNTS disbanded a year ago our club has taken over the monitoring of their year-round events in Ogallala, North Platte, and Grand Island. Jim and Martha McGahan were waiting for us in front of the now defunct Skagway super market, which has been the start point for the Grand Island walks for years. On a nice day but a bit breezy we completed the walk and then went to Tommie's restaurant around the corner for supper. Martha had laid that on.

In 1994 the McGahans started and organized the Mid-Nebraska Trail Seekers volksmarch club. They recruited members and at one time had upwards of 100 in their club. The main reason they started the club was because of the Lincoln Highway walks which they promoted within Nebraska. When their club was in its prime they held three or four scheduled events each year plus at their peak period they had year-round events in Columbus, Central City, Grand Island, Kearney, Hastings, and North Platte. For regular events they held volksmarches at various festivals and events such as Ethnic Festival, Kool-Aid Days, Griffith Prairie, Willa Cather, Crane Meadow and others. Martha would usually set up a table and hold a drawing for prizes at their events. Everyone was a winner. The McGahans have regularly attended all Trailbazer events including our year-rounds. The McGahans have just recently passed a recorded 1900 events in their log books.

Jim and Martha have been excellent and active members of our club for

many years and Jim, always with his camera, would walk some of our trails backward so he could record our walkers on film. Jim and Martha put out an outstanding and professional newsletter which showed off not only their photography skills but their journalistic abilities. In a word, both Jim and Martha are just great volksmarchers and a credit to the AVA. They are loyal members of the Trailblazers and I plan to submit their names this fall as Walkers of the Year for 2015.

I want to recognize a couple of other people, veteran volksmarches who got their start in Germany. Kim and Dudley Allen with their three kids and a dog usually walk all our scheduled events. The last couple of events we held – Western Trails and Standing Bear Lake - they brought 12 and 17 people with them - boy scouts and the scouts' families, too. As air force members in Germany they hit the trails around Wiesbaden and Frankfurt and points beyond. A couple years ago our Christmas Lights walk almost got blizzard-out but who were the only two that walked that day? None other than Kim and Dudley Allen. That's loyalty. Now Dudley's air force office is just a few doors away from mine at Offutt AFB.

~Jím



Well, I can no longer say that I am a research nurse. I am officially and happily retired. We celebrated retirement by going to the AVA national convention the slow way.

We started at Crazy Horse (beautiful weather for us, but they had to close it down after we left due to lightning), wandered through Montana, Idaho and Washington before arriving at our first convention walk in Bend, OR. There were three mountain walks. four city walks and one beach walk. They were all fabulous and the weather was perfect. The meetings and social events were well organized and the food was great. There were two places vying for the 2017 convention: Montana and Albany, NY. Albany was a late add on, but had a great deal of planning done. Montana won the day. So, in June 2017, the convention will be almost in our back yard. We will have to plan our year rounds so that they are well stocked across the state. This one brought in quite a few walkers to our YRE's as they traveled through. (We attempted to do a local YRE in Oregon along the coast-there were no maps and it had a remote start. We were unable to get in touch with the point of contact, so just made a guess as to where the start point might be and walked our own walk. It was a two hour drive to this isolated walk, so you can guess that we were a little frustrated.) The incumbent was voted in as president. He seems to have done a fine job in the last two vears, and we can hope it continues. All other elections were uncontested. They are forming a steering committee to help guide the future of AVA. They are working hard to bring us into the digital age and bring in new members.

We finished our trip with the walks in Yellowstone (a nice flat walk) and Grand Teton (not flat!, but beautiful!) I am up to 49 walks toward my Centurian. Hope you all are having a wonderful summer.

See you soon!

~Sandy

Remember, if a trail takes you into the street, walk on the left and FACE TRAFFIC.

Farewell, MNTS!



Butch & Sandy Head to the Convention



New YRE!!

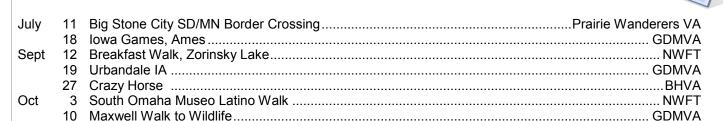
When it's hot outside, you can now walk in the cool. As of July 1, we have a year round at Westroads Mall. Just stop at the AmericInn right across the street and ask for the walk box, drive to the parking area between JCPenney's and Dick's and start walking. See if you can find Snow White's mirror or check out where the new food court will be. The mall opens at 7 a.m. so that walkers can avoid the shopping crowds.

Our Summer Group Activities





Mark your calendars: Upcoming Events



Event Awards for Club Members

	<u>Distance</u>	<u>Events</u>
Phyllis Olson		1050
Norma Wessel	10,000 km	1050
Sandra Spielman	15,000 km	1250/1300
William Spielman	15,000 km	1250
James McGahan	21,000 km	1900
Martha McGahan	21,000 km	1900



July	1	WP & Sharon Hofstad
-	3	Mel & Vicki Bohn
	4	Sharon Sullivan
	6	James & Lina Cashin
	7	Dave & Judy Zikmund
Aug	4	Bruce & Janelle Piercy
	9	Stan & Carol Fraas
	15	Larry & Judy Seger
	16	Deb Gaskins
	24	Mark & Erika Harris
	31	Tim & Julie Brown

Happy Birthday to You!!!!

July

- 2 Nancy Anderson
- 7 Jason Wailes
- 14 Ellen Peters
- 16 Ardith Ortgies
- 17 Jerry Golmanavich
- 20 John Boggs



August

17 Sharon Sullivan

4 Robert Glenn II 23 Tim Brown
8 Bruce Piercy 24 Mary Brown
9 Karen Dix-Johnson 28 W.P. Hofstad
11 Erika Harris 29 Jeanne Miller
14 Mark Conway 29 Linda Gissendanner
15 Dale Nielson 31 Sarah Baker

Meeting News

The next club meetings will be September 14, October 5, November 2 and December 7, 2015, at Morning Star Lutheran Church, located at 331 S 85th Street in Omaha. The meetings start at 7:00 p.m. We try to have a short program before the business meeting. Just a reminder that the club meetings are the 1st Monday of the month at 7:00 p.m. with some exceptions: no meetings in January, July or August, and it is the 2nd Monday in September. Don't forget that at each meeting, we have a drawing for a \$10 door prize. Contrary to popular belief, you don't have to be a club member to win this.

Membership Dues

April & May dues are now past due (check your mailing label—email message will be sent out as a reminder). Renewal is \$10 for a single membership and \$15 for a family membership. Please send renewals to:

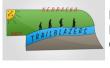
NWFT PO Box 8147 Omaha NE 68108

Newsletter Info

To place info/articles/photos in the next newsletter, simply email: nwftprezmel@cox.net

Or snail-mail by August 15 to:

NWFT PO Box 8147 Omaha NE 68108



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